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## YOUR HEALTH RECORDS, YOUR CHOICE

### Patient Choice Information

Can I choose not to participate in the IHIN? Yes. We call this a decision to “opt out.” If you opt out, health care providers will not be able to search the IHIN for your health records. In emergencies or situations where you cannot speak for yourself, please know that providers will not be able search the IHIN for your health records. Therefore, your decision not to participate in the IHIN might result in delayed care, duplicated tests, increased costs, and possible medical errors. Please carefully consider your decision to stay in the IHIN or whether to opt out.

### HOW DOES THE IHIN HELP YOU?

The IHIN allows your health information to be accessed when and where it is needed. By accessing your health records electronically, each of your doctors can see a complete picture of the care you receive. This includes information such as your test results, medications, and follow-up recommendations. Sharing your health information through the IHIN results in the following:

- Improved Care
- Increased Security
- Cost Savings
- Prompt Emergency Treatment
- Reduced Medical Errors

### To opt out through your provider

1. Get an opt out form from your provider.
2. Complete the form and give it to your provider.
3. IHIN will make the change within three business days of receipt at IHIN.

### To opt out directly:

1. **Online option:** Visit [www.lowaeHealth.org](http://www.lowaeHealth.org) to complete the electronic form.

**Or:**

**Paper based option:** Visit [www.lowaeHealth.org](http://www.lowaeHealth.org) to download the form and mail to IHIN:

Iowa Health Information Network  
4601 Westown Parkway, Suite 140  
West Des Moines, IA 50266

2. IHIN will make the change within three business days of receipt at IHIN.

### To opt back in:

1. Get an opt-in form from your provider or at [www.lowaeHealth.org](http://www.lowaeHealth.org).
2. Sign the form
3. Ask your provider to submit the form on your behalf

**Or:**

**Have the form notarized.** Mail notarized form to IHIN at the address above.

4. IHIN will make the change within three business days of receipt at IHIN.